

# UPDate

# ANEVY NAME AND ALASTING MISSION

Gift of Life Family House is a special place. The first facility of its kind, the Family House has provided over 80,000 comfortable nights of lodging, more than 336,000 delicious meals, and over \$11 million of welcoming, subsidized care to thousands of families since it opened its doors in 2011.

For places as special as the Family House to be created, it takes a spark of imagination, generous funders and years of planning. In the case of Gift of Life Family House, that reality is due largely to the vision of Howard M. Nathan.



Howard M. Nathan with Cherri Gregg, Esq., WHYY Host/Anchor and Gift of Life Donor Program Medical Advisory and Policy Board member



Rick Hasz, President & CEO, Gift of Life Donor Program; Howard M. Nathan, Executive Director, Transplant Foundation; Jan L. Weinstock, Chief Administrative Officer & General Counsel, Gift of Life Donor Program

Howard is a towering figure in the world of organ donation, having served *Gift of Life Donor Program* for 43 years, 38 as its leader. Under his leadership, *Gift of Life* has grown into the largest and most successful organ donor and transplant network in the nation.

Alongside this work, Howard has spent over 20 years realizing the Family House vision – an idea that began very close to home. In 1991, Howard's sister Martha needed a liver transplant, and Howard saw first-hand the challenges facing not only transplant patients, but the families that support them. In waiting room conversations with families, Howard discovered that worries about finding affordable lodging and meals were additional sources of stress for families already faced with the challenges of caring for a loved one.

In gratitude for all of these accomplishments and his tireless dedication to the organ transplant cause, *Gift of Life* is proud and delighted to announce that the Family House will now be known as

#### Gift of Life Howie's House.







TOP LEFT: Deardra Hollingsworth; TOP RIGHT: Rick Hasz, President & CEO, Gift of Life Donor Program; ABOVE: Carly Ramge with Abdi Geleta, TIC Clinical Night Supervisor, Gift of Life Donor Program





ABOVE: Howard M. Nathan with his wife, Liz Flanagan Nathan

Howard's vision and determination, paired with the generous support of thousands of contributors, has made the Family House a place of warmth and support for people navigating some of the most stressful periods in their lives.

In gratitude for all of these accomplishments, and his tireless dedication to the organ transplant field, *Gift of Life* is proud and delighted to announce that on June 29, 2022, the Family House was officially renamed Gift of Life Howie's House.

The dedication was marked by celebrations that allowed family, friends, colleagues, contributors, and volunteers to recognize **Howard's career and impact in person,** following his stepping down as President and CEO in January 2022.

Longtime colleagues shared stories of their years working side-byside with Howard, and a PA state proclamation that highlighted his critical contributions to the field of organ donation was read by *Gift of Life Donor Program* Board Chair Barbara Wadsworth, DNP, RN.

The celebrations culminated with remarks from Howard himself, and the unveiling of the new Gift of Life Howie's House logo, which will be visible for miles from its position atop the House.



Donor mothers and former board members Cynthia London and Sue McVey-Dillon



Donor mother and volunteer Mary Smith with Donor family and volunteers "Team Spiers' Joan Spiers, Maureen Bowie, Shannon Bowie, Lauren Savage

#### I am very honored that Gift of Life Family House is being renamed

Gift of Life Howie's House." said Howard during his remarks. "Some of you may wonder where that name came from. While most people know me by Howard, my family and close friends know me as Howie. It is a name that reminds me of home, growing up as a small-town kid in the safe haven of Johnstown, Pennsylvania. It is this atmosphere of comfort, warmth, and safety that we provide here for our transplant patients and families at Howie's House."

Make a gift to provide a lasting tribute

## BEYOND MEASURE: The Howard M. Nathan Impact Fund

BEYOND MEASURE: The Howard M. Nathan Impact Fund will benefit Gift of Life Howie's House both now and into the future, and is an opportunity to honor Howard with a personal or corporate contribution, in thanks for his outsized influence on donation and transplantation. The BEYOND MEASURE fund will ensure that Gift of Life Howie's House remains a welcoming home away from home, and continues to fulfill its commitment that no family be turned away for inability to pay.

Every donation to the Fund is a symbol of gratitude to Howard, and a promise to support transplant families and the future success of Gift of Life Howie's House – and we hope you will join us!

To make a gift, please use the enclosed envelope or visit us online at

**GiftofLifeHowiesHouse.org** 











## **Serving FROM THE**

The Home Cook Heroes Program is back in full swing, and groups of up to 8 volunteers are welcome to cook in the Gift of Life Howie's House kitchen for transplant families!

The Home Cook Heroes Program is an essential service for families, providing them with baked goods and a home-cooked meal daily, and brunch on the weekends. This meal service means the world to guests, especially after a long day at the hospital.

THANK YOU to all the volunteers who have returned with their groups to cook on-site, dropped off meals, or donated to cover the cost of food.

Gift of Life Howie's House is still in need of Heroes to sign up to provide a meal or baked goods for families. Help support transplant families and sign up today! Visit GiftofLifeHowiesHouse.org or call 267-546-9800 for more information.











# Caregiver *Life*line Spotlight

### **TIPS** for Caregivers, from Caregivers

Caregivers from the virtual transplant caregiver support group provided insight on what they've learned from their experiences, as well as suggestions for other caregivers who are new to the process.

Here's what they said:

Learn pre- and post-transplant expectations and responsibilities. Create lists, schedules, and agendas with the transplant patient. Review these lists with your medical team to develop a sense of confidence in your role and responsibilities as a caregiver.

Ask lots of questions and take notes. Keep a journal and bring it to all appointments, labs, and meetings. Write down the answers to your questions so you can refer to them later.

Be an advocate. You will quickly become an advocate for both yourself and the patient. Keep your patient's healthcare goals in mind while navigating interactions with the transplant team.

**Keep a bag packed.** Assemble an overnight bag for both you and the patient in the event of an unexpected hospitalization. This bag can include extra clothing, as well as a list of things you won't want to forget, such as electronics and medication.

Transplant is multidimensional. It impacts not only the physical health of the transplant patient and caregiver, but also the emotional and spiritual health of you both. Prioritize self-care whenever possible.

This process is a rollercoaster. It has many highs accompanied by lows. You will likely experience feelings of hope, fear, excitement, and everything in between. Find ways to connect to other transplant caregivers to share these feelings.

#### It will require a lot of flexibility

and communication. There are times that the transplant process may not go as you expected. Keeping an open mind and remaining adaptable will help to cope with these changes.

Find things, places, or people that keep you grounded and give you perspective. As a caregiver, it can be is difficult to remember life beyond treatment and transplant. Try to find distractions and enjoyment outside of this experience.

#### Find something every day that makes

you laugh. Participating in activities or spending time with people who bring you joy can support your mood, health, and decrease the chance of burnout.

#### Remember that transplant is a marathon,

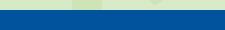
not a sprint. This is a journey that doesn't end with surgery. It is a commitment that involves ongoing support, obstacles, and care. Supporting your own needs is a critical part of avoiding burnout and navigating your 'new normal'

If you're interested in connecting with other transplant caregivers to hear their stories, share your own, and experience a sense of community, join the monthly support group here:

GiftofLifeHowiesHouse.org/upcoming-support-groups/

The Caregiver Lifeline Program is supported in part by TD Charitable Foundation and Bridge to Life. We are thankful for their partnership and





#### Be a part of the GIFT OF LIFE HOWIE'S HOUSE JOURNEY,

FOLLOW US TODAY! When you follow Gift of Life Howie's House on social media, you will gain access to inspiring family stories, important house updates, helpful resources, information on the House's supportive services, and more! Whether you're a past guest, volunteer, transplant family or just finding out about our mission, we share content that everyone can enjoy. Scan the QR codes below and be a part of the House's virtual community today!















#### **COMMUNITY BREAKFAST Recognizes Unparalleled** Support from TRANSPLANT COMMUNITY

"It may have been raining, but the sun was certainly shining," said Jan L. Weinstock, Chief Administrative Officer & General Counsel about the annual President's Breakfast that was held on May 6, 2022.

After two long-awaited years, generous contributors, volunteers and staff were finally able to reunite in person during the Rise and Shine President's Breakfast hosted by Rick Hasz, President & CEO.

Gift of Life Howie's House staff were grateful to have had the opportunity to share many laughs and memories and recognize the continued generosity of our amazing community, despite the rain.

Rick Hasz, along with Jan L. Weinstock, also had the pleasure of sharing some important milestones reached, updates and remarks about the House's exciting journey ahead and transition into its new name, Gift of Life Howie's House.



Jason Vaughn, past guest and kidney, liver transplant recipient with Talia Giordano, LSW, Family Services & Caregiver Lifeline Program Director, Gift of Life Howie's House



Janine Fortuna, volunteer and Bobby Fortuna, kidney recipient



L to R: Jason Vaughn: Ward Family; Josef, Josiah, Lucie, Nicole, Jude: Jan L. Weinstock: Rick Hasz



L to R: Patty Nelson, donor mother, volunteer, Keith Hodges, living donor, and Joan Coan, supporter

As past guest, transplant recipient and veteran, Jason Vaughn, said in his speech at the breakfast, "At the Family House, I had a place to go to after a long day... I was surrounded by my family as well as a new family of people with the same shared experiences... I want to say thank you to all the contributors who help keep the Family House going, as well as the staff, fellow patients and families. Without you, so many people would not have a second

His gratitude represents the thousands of patients and caregivers supported by Gift of Life Howie's House on their journey to hope.

## Than C You for supporting families during their transplant journey.

#### Contributions of \$250 or more received between JANUARY – MAY 2022

COMFORT IN COPPER [\$250+]

Anonymous

Carol Amey

Dr. Rene Alvarez, Jr.

Mary Ann Barlow

Michael Perkins and

Julie Baumgardner

**Eugene and Patricia Blum** 

**Bright Horizons Foundation** 

David Barnett

Eileen Barrilli

**Founders' Circle** [GIFTS OF \$10,000+] **Current members who have made** renewed gifts of \$10,000 or more CSL Behring, LLC Gamma Iota Sigma - Sigma Chapter

**Legacy Society for Planned Gifts** Estate of Susan R. Clark

Sam and Jean Jones

**2022 Family Circle** [GIFTS of \$250+] to support the annual fund HONOR IN PLATINUM [\$5,000+1 Dr. Marshall and Michele Schwartz

HOPE IN GOLD [\$2,500+] Donor Network of Arizona Jack Lingo, Inc. Realtor

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Organ Recovery Systems Pincus Family Foundation John and Brenda Scanelli

#### CARE IN SILVER [\$1,000+]

Anonymous in memory of John Moretto Raymond and Maria Aviles Larry and Diane Beard Margaret Belfield Paul and Jenifer Brucker Wendy Bullotta Sarah Davenport **Barry and Mary Doane** Allen and Carol Drucker

Lauren's Foundation Dr. Gerard and Flizabeth Fulda Susan Gibbs Michael Giurlando **Ruth and Nick Grigoriades** Independence Blue Cross

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Denise Lenzo Glenn and Lois Luse John Lynch Dr. Warren Maley Sharvn and Wavne Marier

Rivers Casino Rutger's Gang

> Dr. Neal Stansbury Nancy Tindall TRIO Philadelphia Huseyin and Dianna Unver

Phyllis Weber

#### **GRACE IN BRONZE [\$500+]**

Richard Bradley

Martha Chase and Brian Reisinger Dr. Andrew Courtwright

**Ebenezer Baptist Church** Kelsey Fadel

Sam Goren Angelia Graham Brian Hamilton Rick and Linda Hasz Thomas and Joann Hollinger Susan Karpuk Debby Kerr Henry and Joyce Landau Terri Lathan

Marion Luckers Kidney Foundation Gwendolyn Mayes Christine and Thomas McGarry Margaret McGoldrick Carolyn and Robert McGrory Michael McVev

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> Terri Kane Jeffrey Kozek Shervl Kromash William Leinwebe

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Scott Nove and Family Alan Oberman Cindi and Vincent Pascer

Mansur Rasul Sean Rhoads and Keri Fisher

Willard Richan Jodi Schatz Mary Schmidt Herbert and Rose Schweitzer

Carl and Janet Sharer Janice Simeone

We apologize for any errors or omissions and ask that you contact us at 267-546-9812 to report any correction.

The Emily Fredricks Foundation

**Belarmino and Anna Viegas** 

Jean-Marie Cadorette

**Kevin and Mary Wiedel** 

ITALIC = upgraded member

BOLD = renewed member

**The Legacy Garden** 

Thank you to those who dedicated

in memory of George Greis

in celebration of Michael Bacher

in memory of James D. Skelton

in honor of Ronald Hannon

in memory of George Gibbs

Susan and Amanda Gibbs

**Paver Program** 

an engraved paver

The Bacher Family

Maryanne Maczuga

Angels for Ally

Lori Thomas

Amy Thorne

Renee Weer

Lynn Wilson

**Denise Wurst** 

Melissa Wilkes

Rachel Woodman

Paul Townsend

Ronald Walsh and

#### Wish List Drives

Keith Chalmers Jennifer Coco-Feinstein Roshai Crichlow-Ward Allison Sarver Alice and Donnie Sellers Kelly Stott

Thomas Jefferson University Hospital Transplant Team Trappe Family Dental Associates IIC Paul IV High School Ardmore Presbyterian Church



#### **CALLING ALL CLASSIC CAR LOVERS:** Do We Have A Car For You??!!

Watch for upcoming details on how to participate in the **Great Shelby Sweepstakes** for an opportunity to drive home in a Ford Mustang Shelby signed by Carroll Shelby.



Recognizing monthly contributors who donate \$21 or more per month

To make a contribution to Gift of Life Howie's House, please visit GiftofLifeHowiesHouse.org or use the enclosed envelope.

The official registration and financial information of Transplant House d/b/a Gift of Life Howie's House may be obtained from PA Dept. of State by calling toll free 1.800.732.0999. Registration does not imply endorsement

