

## TRANSPLANT WEBINAR

# Post-Transplant Nutrition and Diabetes

Temple University Hospital | Clinical Dietitian Kirsten Diegal,  
MS, RD, LDN, CNSC, CCTD and Diabetes Educator Lindsey  
Verano, MPH, RD, LDN, CDE

### Learning Objectives:

- Understand nutritional changes after a transplant
- Identify foods to avoid post-transplant
- Understand diabetes and how it changes through transplant
- Recognize techniques for managing diabetes during transplant

# JULY 1 | 3PM

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