

UPDate



THIS HOLIDAY SEASON

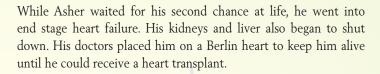
to transplant families far from their own

Asher has a laugh that can light up any room. "He's such a little goofball and loves to make you laugh," his mom, Kendra, says.

However, Asher wasn't always the happy, expressive baby he is today. He's had to make it through some tough medical challenges.

At just six weeks old, Asher was placed on the transplant list to wait disease after a test revealed something wasn't quite right.

for a new heart. Before he was born, he was diagnosed with a heart



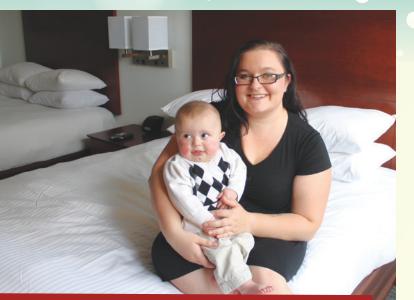
Asher's strong spirit surprised everyone. "He began doing normal baby things," Kendra says. "He jumped from 10 to 15 pounds and became so much more expressive. He would smile and laugh while he watched people in the hospital."

The day finally came when Asher and Kendra received news that he would receive his new heart. Asher received his precious gift of life because of a compassionate family's decision—one that saved his life. Although Asher was able to leave the hospital, he and Kendra weren't able to return home to their family right away. His doctors needed him to stay close by so they could monitor his progress. Thankfully, they were able to stay at Gift of Life Family House... a place that became Asher's first home.

continued on Family House page 2



GIFT OF HOME, continued from Family House page 1



FINDING HOME AT THE FAMILY HOUSE

Kendra and Asher live about two hours away from Philadelphia, where they need to be to monitor Asher's progress. Traveling back and forth several times a week would be difficult. Thankfully, they can find the comforts of home here at the Family House.

"I love that the Family House is so clean and that it's safe for immunosuppressed patients like Asher," Kendra says. "Dinner is always made every night, which is wonderful. The last thing I want to do is cook when I get back from the hospital. It's also so family-oriented. It was so easy for me to be a mom spending time with my children."

While Kendra took care of Asher, her father and other two children came down to spend time with them on the weekends.

"One day we sat down in the Activity Center and watched movies all day," she says. "We also eat dinner together in the garden and go on walks. We even went to a festival at one of the parks nearby. My children really need their family to be together, too. I love seeing them healthy and thinking to myself that one day, that will be Asher."

At the Family House, Kendra is also able to take care of herself. She takes bubble baths in her private bathroom, uses the gym, reads in the library, sits outside, and participates in the evening activities with her daughter.

Kendra was grateful to be surrounded by a community of other transplant families who get it.

"Learning from [the other transplant families] gives me hope," she says. "I'm less stressed because there are so many people to talk to. I didn't realize how nice that'd be."

GETTING THROUGH IT TOGETHER

Dennis has lived with lung disease for almost 40 years. As his lung function declined, he required inhalers and oxygen to breathe. His doctor told him he needed a lung transplant to save his life.

Dennis and his family traveled from their home in upstate New York to Philadelphia for medical care. He was placed on the transplant waiting list and was told he would need to return to Philadelphia every three months so doctors could monitor his health. Dennis and his family were so grateful to receive the call that a set of lungs donated by a selfless donor was a match for him. He and his wife, Kathy, raced to Philadelphia for the surgery.

While Dennis was in the hospital, Kathy was able to stay close by at the Family House. He was later able to join her while he recovered, as was their young son, Austin.

"The Family House is our safe haven," Kathy says. "It's been such a blessing to have a place to sleep at night and knowing that you can have your family with you to get through a difficult time."

At the Family House, Dennis, Kathy, and Austin were able to meet other families on the transplant journey and talk about what they were going through. "The first day we got here, we met someone who had a lung transplant," Austin says. "He told us about his story and it made me feel really good about my dad's transplant."

Dennis, Kathy, and Austin were also able to spend time together as a family. "Dennis and Austin like to play pool downstairs and Austin and I like to go shopping," Kathy says.

"I don't think I could go through this process without them," Dennis says. "Without Kathy, I wouldn't be here. She's my stone."

At the Family House, not only do Kathy, Dennis and Austin have each other, but they have a warm meal each evening, transportation to and from the hospital for Dennis' follow-up appointments, and a supportive community by their sides.



"I don't think you can get anything like this anywhere else," Dennis says.

Dennis and his family continue to utilize the Family House as they return to Philadelphia for follow-up care. "I've experienced some complications from my transplant," Dennis explains. "The Family House has been such a blessing to us."



After a routine physical revealed spots on Anthony's lungs, he was diagnosed with lung disease in 2005. He was referred to a doctor in Philadelphia, two and a half hours away from his home in the Poconos.

Because Anthony's condition wasn't improving, his doctor told him he would need a double lung transplant. Before he could officially be placed on the waiting list, he had to go through rounds of testing which required several trips to and from Philadelphia.

At the hospital, Anthony and his wife, Wanda, were referred to a few places to stay, but they chose to come to the Family House. "It just stuck out," says Wanda. "It felt like the place to come."

Anthony and Wanda stayed at the Family House intermittently during Anthony's pre-transplant treatment and again for three months while he recovered from his transplant surgery. They were joined by their two youngest children, Tanasia, 11, and Charles, 13. Their son, Kavon, 18, was also able to join them on the weekends.

"Having my family here made it so much easier mentally and emotionally," says Wanda. "I didn't have to worry about where my young children were."

While Anthony received the care he needed in the hospital, Wanda and their children were able to talk to other transplant families and participate in our support groups. "It was very easy to chat with other caregivers," Wanda says. "We all have a major life change in common." They were also able to take the shuttle back and forth from the hospital to visit Anthony.

When Anthony joined his family at the Family House, he agreed: "I felt so comfortable here. All of the people here, we come from

different backgrounds, but we all have one common goal, which is to get better," he says.

Anthony and Wanda's stay also fell during the holidays—they spent Thanksgiving and Christmas at the Family House.

"It felt like we were at home for the holidays waking up in our own bed," Anthony says. "Our family and friends were able to come visit us, too."

"My heart was so overwhelmed to see Christmas presents outside of our door," Wanda says. "My kids were so happy. The Family House made our time away from home very special with an extended family."

GIVE THE JOME

Many of our transplant families are far from home and far from their families.

This holiday season, you can give them the gift of home. At Gift of Life Family House, transplant families are surrounded by people who care—whether it be their own family members, Family House staff, or the other transplant families staying here—they never have to feel like they're on their own.

At the Family House, families can be together...and when families are together, they can hope together, fight together, and recover together.

You can help give the gift of home this holiday season and year-round

to families in need by making a tax-deductible contribution to our Adopt-A-Family program. For \$40, you can help provide a family with lodging, meals, transportation, counseling, and support for one night, \$80 for a weekend, or \$120 for three nights. You can also help ensure that no family is ever turned away from the Family House due to an inability to pay. Gifts of every amount are appreciated and will make a difference in the lives of the transplant families we serve.

If you are able to give a special gift of \$250 or more, you will become a member of our Family Circle.

To make a contribution to support families like Asher, Dennis, Anthony's, please use the enclosed envelope or visit us online at **GiftofLifeFamilyHouse.org.**

Gifts postmarked by December 31st are tax-deductible in 2019.

#GIWINGTUESDAY

Raise \$80 by Giving Tuesday to support two room nights at the Family House and win

a Family House tee! Will you help kick off the season of giving by supporting the Family House and the transplant families we serve through our '80in8' fundraiser?

All you have to do is set up a Facebook fundraiser on or after November 26th and raise at least \$80 in 8 days. We ask families to pay \$40 a night to stay at the Family House. Your fundraiser will help give the gift of home for two nights.

Do it by midnight on Giving Tuesday 12/3 to win a Family House t-shirt that you can proudly wear to support our mission!

STARTS: Tuesday, NOV. 1 (anytime)

Giving Tuesday,

Once you've successfully completed your Facebook fundraiser, let us know by emailing info@giftoflifefamilyhouse.org so we can send you your t-shirt!

80in8 fundraiser is an easy way to help support transplant families who cannot afford the nightly fee at the Family House.



Thank you for supporting the 15TH ANNUAL

On August 26, 2019, Gift of Life President and CEO Howard M. Nathan and Dan Sinnott co-hosted our 15th annual Kidney Open Golf Outing at the DuPont Country in Wilmington, DE.

More than \$103,000 was raised for Gift of Life Family House's Adopt-A-Family Program, which subsidizes the cost of staying at the Family House to keep the room fee low. The program also covers costs for families who cannot afford the nightly fee, ensuring no family is ever turned away due to an inability to pay.

Gift of Life Family House is grateful to all of the generous sponsors, volunteers, and the 138 golfers who supported our event!

Golfers from JeffSTAT at the Kidney Open Golf Outing



2019 **Sponsors**

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Temple University Health System

Rowan Volunteers

The Family House is proud to recognize volunteer groups who supported the Home Cook Heroes program from May-August 2019

4West, Jefferson Health Northeast AG Friends Allen Family Alpha Omega Epsolon- Beta Mu April and Roman AtlantiCare - Compliance Team AtlantiCare Customer Experience AtlantiCare Emergency Department -

Patient Access Team AtlantiCare ICU Beth O'Brien's Giving Group Bidwell Family Blank Rome LLP Blue Mountain Ambassadors

Bonnette Family **Brigid and Friends** Busillo Family Butterflies LN C. CAC Women Ministry Care Crew (AmeriHealth Caritas Carson Valley Children's Aid Charu's Champions

CHOP 5 South **CHOP Pulmonary Nurses** Christiana Care – Surgical Critical Care Clark Hill

Congregation M'Kor Shalom Dave's Dinner DCCC Surgical Tech Donna Sykes

Elizabethtown College Alumni **Enon Tabernacle Baptist Church** Farmsworth Foodies Feeding Team at CHOP Fiorelli Family Five Below Candy Create Merch Team **Four Ladies and Friends**

Friends of John Clyde Gallagher Benefit Services Gamma Sigma - Drexel University Gift of Life TIC-HD Crew GLDP Transplant Coordinators Good Shepherd Penn Partners Gwynedd Mercy University Hearts of Gold

Home2Suites by Hilton Iannelli Family Jefferson Avenue Insurance Jefferson Health NJ Surgical Services Jefferson HF/Cardiac Transplant Jefferson Hospital Center City Med ICU Jefferson Northeast Frankford Campus ED JHN NICU ICU Joshua's Legacy

Kemmerer Family and Friends La Famiglia Dei Fratelli Laura and Friends

Lodge No. 2 – Pennsylvania Free Masons Marquis ww Dot Foundation Morgan Stanley MTF Biologics Nagorsky Family

Nazareth Hospital NCL - Valley Forge Chapter Neumann University Nursing Alumni Association **New Vision Pioneers**

PA Masons (#52) PA Masons (Lodge #751) PA Masons Lodge 751 Pat and Peter's Pals Pat's Wings

Penn Medicine Chester County FR Nurses Penn Medicine Chester County Medicine Penn Medicine Chester County Nurses Penn Presbyterian Trauma Intensive Care Peruto Family and Friends Philadelphian

Prism Career Institute - PN 36 Students Pross Team Randon Family

Redd Foxes Hockey Club Rowan Volunteers **Rutgers Gang**

The Nagorsky Family Sandy Run Middle School

Silverstein 10 Sonesta Hotel Philadelphi St. Augustine Parish TJUH - 7 West St. Johns No 115

Stephanie and Friends TD Bank Consumer Bank Analysis UNICO

Team Ruelta Team SayLess Team Shea **Team Spiers**

Team Evie

Team Luca

RyanStrong

Seer Interactive

Team Vinciguerra Temple CICU **Temple Transplant Team**

Temple University Health Systems Community Health Workers Temple University Hospital

The Barrilli Family The Bellevue Hotel The Bombshells

The Cook Family The Episcopal Academy The Marcinek Family

The Tazmanian Angels Third Sunday Crew Tierney Timberbirch Women's Club Transplant Pregnancy Registry Internationa Trion Group Tuddenham Family University City Kiwanis UPMC Susquehanna Williamsport UPMC Susquehanna Williamsport Hospital **UPMC** Williamsport Hospital Villanova SRNA Wawa White and Williams Wilmington Emergency Department

BOLD = Home Cook Hero All Star

Wyndham Philadelphia Historic District

All-Stars are committed voluntee. groups who provide a meal to Family House quests through the Home Cook Heroes program at least 12 times in a calendar year

Home Cook Heroes team photos are available to view on the Family House's Facebook page at Facebook.com/GiftofLifeFamilyHouse. While you're there, don't forget to like our Facebook page, tag yourself and your teammates, and share your photo – in doing so, you're helping spread awareness about the Family House mission! Tag us and use #HomeCookHeroes for your chance to win a special gift from the Family House!

Pledge your birthday to support the Family House

Did you know that you can give the gift of home to transplant families on your birthday?

Through our "Best Birthday Yet" program, you can celebrate your birthday by hosting an online fundraiser for the Family House. Instead of a gift, ask your friends and family to support your fundraiser! It's really easy!

Pledge your birthday today and we'll send you a reminder as your special day gets closer to set up your fundraising page. We'll also send you some tips to help you make your fundraiser a success!

Visit GiftofLifeFamilyHouse.org to pledge now!

We look forward to celebrating with you!

Caregiver *Life*line Spotlight

Therapy Dogs Bring Comfort to Transplant Families

Transplant patients and families staying at the Family House are under tremendous stress and away from their own support networks at home, including their own pets.

As part of our Caregiver Lifeline Program, we invite volunteers and their therapy dogs to the Family House to help our guests find comfort along the transplant journey. Therapy dogs give the families an opportunity to forget the stressful parts of the transplant journey for a few moments.

"I can see the guests relax when they start talking about their dogs or pets," says Denise, who brings her golden retriever Livi to visit the Family House. "It's nice to see them get respite from their daily routines."

The Family House has a dedicated group of volunteers who bring their dogs to spend time with our guests several times each year, many of who have connections to organ donation and transplantation.

"We are a donor family," says Mary, whose son Eric signed up to be a donor at 16 years of age. She brings in her dog Gem, who is a mix of a sheep dog and poodle. "Little did we know that a few years later, we would be honoring his wishes after he was declared brain dead due to injuries





from a tragic accident. Gift of Life threw us a lifeline and coming to the Family House is a special time where I get to see the miraculous results of organ transplantation something my son chose to give others."

"I've had family members that have gone through organ transplants.

Denise adds. "When Therapy Dogs International mentioned Gift of Life Family House as a place to visit, I became happy to help."

All of them agree that their dogs make a difference in the lives of Family House quests.

"For a few hours, they can forget their difficulties and enjoy the 'serial kisser,' Carmen," says Debra, who comes by every few weeks. "She takes them back to happier moments—making them laugh and smile at a time when they need that most."

"Since many Family House guests are missing their own pets, Gem provides the TLC that they hunger for, including little kisses," Mary adds. "Gem will gladly accept belly rubs and always elicits laughter. Interacting with Gem allows the quests to step away from the physical and emotional burdens they carry, even if it's just for a short time. They have taken selfies with Gem, I've gladly snapped pictures of guests with Gem, and Gem has FaceTimed with relatives of a guest."

Not only are the volunteers happy to give back to the transplant community, but it's apparent that their dogs do, too.

"Carmen loves the attention and loves going – her tail wags the entire time she is there!" Debra adds. "It's a win-win situation all around."

Are you interested in bringing your therapy dog to visit our transplant families at the Family House? Contact our social worker, Talia, at tgiordano@giftoflifefamilyhouse.org.

is supported in part by TD Charitable Foundation. We are thankful for their partnership and generosity.

To our generous contributors: THANK YOU for your partnership in helping us care for transplant patients and their families at Cite of Life Family Haves

at Gift of Life Family House.

Contributions of \$250 or more received between MAY 2019 – AUGUST 2019

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ITALIC = upgraded member

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Ann Wattman

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Current members who have made renewed gifts of \$10,000 or more The Beneficial Foundation

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2019 Family Circle [GIFTS of \$250+] to support the annual fund

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Transplant Alliance Foundation, Inc. CARE IN SILVER [\$1,000+] Canon Solutions America, Inc.

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Elise Stasi on behalf of Gary Cataldo in memory of Grandpa Cat Kavla Hoffman in memory of

Ed "EHOOT" Hudicek Gift of Life Donor Program Hospital Services Department

in memory of Richard Michael Payne **Welcome Home Club Heart Members**

Recognizing monthly contribu

NEW Members

Brigitte Dale Florence Dolceamore Sylvia and Boh Herman Norma Hernandez Kate Kelly Velma Scantlehury David Schauber, Jr. Ashlev Tran Lisa Tull

Due to space constraints, honor/memorial gifts and supporter gifts are no longer listed in the newsletter. We apologize for any errors or omissions and ask that you contact us at 267-546-9812 to report any corrections.

To make a contribution to Gift of Life Family House,

please visit GiftofLifeFamilyHouse.org or use the enclosed envelope.

The official registration and financial information of Transplant House d/b/a Gift of Life Family House may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does

thank you to our volunteers in the community for coordinating fundraising events, wish list drives, and online fundraisers to support the mission of Gift of Life Family House.

Fundraising Events

10th Annual Bensalem Township Charity Challenge hosted by BEDC

11th Annual No Shower Happy Hour hosted by the David Nelson, Jr. Memorial Fund

15th Annual Jackson's Mulligan on Life Golf Outing hosted by Hennion and Walsh and the Heller Family Dress Down Day coordinated by First Heritage Federal Credit Union

Dress Down Day coordinated by F.L. Smidth Dunk Tank Fundraiser hosted MTF Biologics

Family Reunion hosted by Debra Aumon

Golf Outing hosted by Bradley Ward

Jefferson Heart Institute

Employee Movie Night at SugarHouse Casino

Pie in the Face Fundraiser coordinated by Gallagher Benefit Services

Smyrna High School Softball Fundraiser in memory of Coach Donnie Shaner

Wine Tasting hosted by Christina Taraborelli

York Area Transplant Support Group

Wish List Drives

Maureen Brotymar Lionville Middle School Lives Saving Lives Club of NFPA MMA and Paramedics Union Polish Beneficial Association St. Lukes Hospital Monroe Stefon Zonia Tom Kohut Ryan's Shamrocks

SCOTT AND VICKIE ARE LEAVING A LEGACY ... Leave Yours Today

Scott and Vickie Sayles support the Family House to celebrate the life of their son Nicholas who tragically passed away in 2006 and was an organ donor.

"I felt like that's what we needed to do," Vickie says. "It helped us start to see the light of life again."

They recently joined our Legacy Society for Planned Giving, making the Family House a beneficiary in their will.

"We could see all the good that was coming from the Family House," Vickie says. "It fills our hearts to do this and gives us focus, allowing us to celebrate Nick's life."

The Family House was in the Sayles' will before they knew about the Legacy Society and joining was very easy to do. "They passed us along some information and all we had to do was scan and send some documentation," Vickie says. "It was so easy!"



Through one simple act—making a planned gift to the Family House you can shape our future and ensure that your values live on.

"We feel like we're part of this great big family. This is Nick's gift. It's a remembrance and a celebration, not a memorial."

Legacy Society For more information on making a planned

gift to the Family House please visit GiftofLifeFamilyHouse.org or call 267-546-9812. If you have already provided for the Family House in your will, or by another planned gift, please let us know so we can celebrate your generosity now!