



GIFT of LIFE
Family House

www.GiftOfLifeFamilyHouse.org

UPDATE

“Thank you TO ALL OF YOU FOR THIS AMAZING HOME...”



Since we opened our doors more than six years ago, the Family House has welcomed thousands of transplant patients and their caregivers to a real “home away from home.” Among them is Alicia Hoover-Murphy, who found help and hope here first as a caregiver...and later as a transplant patient.

Alicia and her father had both been diagnosed with Idiopathic Pulmonary Fibrosis—a terminal lung disease for which a lung transplant is currently the only treatment option.

Two days before his 46th birthday, the call came ... Alicia’s father would receive a new set of lungs. Like many transplant families, they were far from home as they waited and hoped—for months.

Your support of Gift of Life Family House made sure they had a little less to worry about during those endless, scary months. At the end of every long, hard day spent at the hospital cheering him on, the family returned to a “home away from home” that included home-cooked meals; clean, comfortable rooms; heartfelt support from staff; and camaraderie with other transplant families.

Although her father’s transplant was a success, complications mounted in the months following the procedure, which ultimately claimed his life.

ABOVE RIGHT: Alicia Hoover-Murphy with her husband Dave Murphy.

LEFT: Alicia’s father, Edward Hoover.

Over the next few years, Alicia grew sicker herself. It was a bittersweet day when she and her loved ones returned to Gift of Life Family House so she, too, could undergo the many tests and consultations that would lead her to being listed for a transplant.

“When we were there for my father, we’d made friends with the staff and other families at the Family House. They were all like a second family to us,” Alicia says. **“It was so nice to be surrounded by people who understood what we were going through and to be able to educate one another about what to expect.”**

When her call finally came, Alicia was more than ready for the lung transplant that would restore her to health, to her family, to life.

Alicia’s transplant was a success. She and her family are deeply thankful for the organ donor who gave her a second chance in life and for contributors like you who make the Family House a warm, wonderful, and affordable place to stay during a most difficult time.

“Thank you to all of you for this amazing home. You make it possible for the Family House to offer an environment that is safe to people going through extremely rough times in their lives,” Alicia says. “The Family House provided a place of shelter for my family and provided me with a whole other family that I love and care about as if they were my own relatives.”

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\$50,000 MATCHING GIFT

Help us meet the gift match challenge by December 31st.

To help families like Alicia's who rely on the Family House during a most difficult and uncertain time in life, a generous friend has offered a \$50,000 Matching Gift opportunity.

Like you, this caring friend wants every transplant family to have access to an affordable place of rest, delicious home-cooked meals, and a warm and caring community of support. So every gift received prior to the December 31 deadline will be matched dollar for dollar, ensuring that more transplant families will experience a "home away from home" at the Family House.

RIGHT: Today, Alicia is healthy, happy, and busily raising three children ... but she still has time to tell others how thankful she is that they support the Family House, because those generous contributions ensure that the nightly rate remains affordable for families who are already experiencing so many challenges.

THANK YOU
for your partnership that ensures the Family House can continue to welcome families like Alicia's to a "home away from home"!



LEAD THEM HOME!

Your gift today will lead more transplant families home to the Family House!

The longer a family is uprooted from their everyday lives, the more help they need from caring friends.

Your support provides financial subsidies to families who can't afford our low \$40 nightly fee.

Your generosity also helps bridge the gap between our nightly fee and our actual cost, which is \$185 per room per night. Gifts of every amount are appreciated and will make a difference in the lives of the families we serve, but if you are able to give a special gift of \$250 or more, you will become a member of our Family Circle. You can help us lead them home this holiday season and year-round through your gift today which will be effectively doubled by the Matching Gift Challenge!

To make a contribution to our **ADOPT-A-FAMILY PROGRAM**, please use the enclosed envelope or visit us online at www.GiftofLifeFamilyHouse.org.

Gifts postmarked by December 31st are tax-deductible in 2017.

3 WAYS YOUR WORKPLACE OR SCHOOL CAN HELP THE FAMILY HOUSE THIS HOLIDAY SEASON

Is your workplace or school looking to partner with a charity this holiday season? Consider selecting the Family House as the beneficiary of your year-end charitable activities.

HERE ARE 3 WAYS YOU CAN SUPPORT OUR MISSION:

1

Coordinate a Fundraiser or Collection to Support our Adopt-A-Family Program Fund

Choose the Family House as your workplace's 2017 Holiday Charity Partner by creating a holiday giving campaign or special event to support our Adopt-A-Family Program. Each \$40 donation helps cover a one-night stay at the Family House for a family in need this holiday season. Fundraisers are also a wonderful way to commemorate special occasions or workplace anniversaries. You can set a fundraising goal and encourage meaningful contributions that will make a real impact at the Family House.

2

Bring Your Team to the Family House to Cook a Meal

The Home Cook Heroes program provides students or employees with a fun and creative opportunity to engage collaboratively and cooperatively as you all work together, actively supporting a meaningful cause. Groups of up to 10 people can prepare meals (on or off-site) and serve them to our guests. All you need to bring is your group and the food and we will provide everything else in our modern and fully equipped kitchen.

3

Host a Wish List or Food Drive

Keeping the Family House stocked with basic necessities requires a lot of donated supplies. Hosting a Wish List Drive or food drive this holiday season is an excellent activity to coordinate with your school, workplace or local community!

Visit www.GiftofLifeFamilyHouse.org for more information.



Wish List Items

1. Bottled water
 2. Small hand sanitizers
 3. Individually wrapped toilet paper
 4. Paper towels
 5. Dish soap & dishwasher tabs
 6. Laundry detergent
 7. Disposable coffee cups and lids (10 or 12 oz.)
 8. Individual coffee creamers
 9. Prepackaged snacks
 10. Gift Cards
- Family House recommends the following:
American Express, Visa Gift Cards, Acme, CVS, RiteAid.
Gas Gift Cards: Luke Oil and Sunoco

Family House Amazon Wish List

You can now purchase items from our frequently updated Amazon Wish List. Visit bit.ly/FHAmazonWishList and have items shipped directly to the Family House!

In lieu of items, you can make a tax-deductible financial donation! Please make checks payable to Gift of Life Family House and simply mark 'Wish List' on the memo line. Donations may be dropped off from 9am to 8pm at 401 Callowhill Street, Philadelphia, PA. Please notify Family House staff before delivery by calling 267-546-9800.

MEALS THAT Make a Difference

“Thank you for filling not only our bellies, but most of all, our hearts.”

—Andrea, Family House Guest

These were the words a past guest used to thank a group of volunteers who helped to prepare and serve a meal at the Family House. The Family House is so grateful to the thousands of volunteers who support the Home Cook Heroes program each year.

They bring far more than delicious meals into the house; they bring a warmth and kindness that is appreciated by all. Volunteers are part of what make the Family House a true “home away from home” for transplant patients and their families.

We are proud to recognize Home Cook Hero volunteer groups from August and September 2017

4 Years and Counting

Allen Family

Altieri Family

Beneficial Bank

Bryn Mawr Respiratory Therapy

Bryn Mawr Surgicenter Nurses

Canon Solutions America

Charles's Legacy

CHOP Pediatric Nephrology
Program

Comhar

Congregation M'Kor Shalom

Dockside

Ed's Eyes

Episcopal Academy

Four Ladies & Friends

GLDP TC's

Green Polka Dot Pajamas

HUP MICU

Hyatt at the Bellevue

Independence Blue Cross

Jeremy Henninger & Friends

Just-in Time

Keeny Family

La Familia Dei Fratelli

Laura and Friends

Lisa & Tommy Vidal

Long and Foster Real Estate

Love In Action Compassion

Ministries

Marlene Garlic's Family

Merck

Moore and Moretti Family

Nagorsky Family

NCL National Charity League

New Vision Pioneers

O'Shaughnessy Family

Pat & Peter's Pals

Pat's Wings

Pattinson Family

Penn Medicine Chester County ER

Penn Medicine Chester County

Hospital ER Nurses

Penn Medicine- Chester County

Hospital, Wizards Of Obs

Penn Medicine Heart

& Vascular ICU

Pennsylvania Hospital VCT

Operating Room

Peruto Family

Phi Sigma Pi

Princeton University

Randon Family

Rowan University Freshman

Connection

Rutgers Gang

Ryan's Shamrocks

Satyra Oberfrank and Friends

Sonny Days

St. Augustine Parish

Team GS

Team Spiers

Temple Transplant Team

Temple University Hospital CICU

TJUH - 7 West

University City Kiwanis Club

University of Pennsylvania

Rhoads 2: Neuroscience ICU

Voya Financial

YouthBuild Phila Charter School

BOLD = Home Cook Hero All Star

All-Stars are committed volunteer groups who provide a meal to Family House guests through the Home Cook Heroes program at least 12 times in a calendar year.

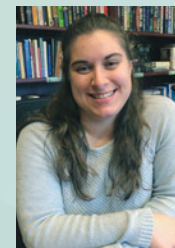
Thank you to our generous community partner for their ongoing food donations:
Starbucks at the Bellevue



Home Cook Hero team photos are available to view on the Family House's Facebook page at www.Facebook.com/GiftofLifeFamilyHouse.

While you're there, don't forget to like our Facebook page, tag yourself and your teammates and share your photo – in doing so, you're helping spread awareness about the Family House mission!

Home Cook Hero
volunteers from
Temple University
Hospital's Office
of Patient Experience.



Caregiver Lifeline Spotlight

by Laura Giannotti, MSW, LSW
Gift of Life Family House Social Worker

Beating the Winter Blues

When you think about the winter season, you may think of the holidays or fresh fallen snow, which may bring you happiness and joy. You may also think of the treacherous weather, cold air, and shorter days, which can cause you to dread the winter season. It is not uncommon to feel sad, irritable, sluggish, or even have difficulty getting up in the morning. These feelings during the winter months are common and are often referred to as the “winter blues”. When you are feeling down, it can be easy to convince yourself that you cannot do things you enjoy – here are some tips that may help you beat the winter blues.

1. Maintain a healthy routine:

The winter is full of excuses for not staying active or maintaining a healthy lifestyle. It is important to keep doing everyday tasks that you normally do at other times of the year, including exercising and eating healthy. This consistency may help you focus on the task at hand, rather than the blues. You can stay active by stretching, doing yoga, dancing to your favorite song, or participating in your favorite winter sport. The smallest activity can help you get through even the toughest day.

2. Soak up the Sun:

The shorter days in the winter play a big role in feeling the winter blues. Many people get out of bed when it is still dark outside, go to work, and then come back home when it is dark again. The lack of sunlight can throw off your rhythm – both emotionally and physically. Try to go outside for at least a few minutes during the day, especially when the weather is mild. If you cannot get outside, try opening blinds, sitting by a window, or turning on overhead lights. This extra light may help you regain this rhythm.

3. Talk (or think) it through:

If the winter months make you feel blue, remember that you are not alone. Talk to your family and friends. Most likely, they have felt or are feeling the winter blues too. Share tips with each other that have helped. Another way to fight the winter blues is by writing down or thinking about at least three things you are thankful for each day. By focusing on the positive, you can help change your mood and outlook on the season.

4. Do something you enjoy:

It may be hard to become motivated when you are feeling blue. This can be especially hard in the winter when it is cold and dark outside. It is essential to still do things you enjoy! Challenge yourself to take up a new activity, socialize with friends and family, or make a list of winter activities you like to participate in, such as ice skating, playing in the snow, or simply reading a book while drinking hot chocolate. Try to do something fun every week, or even every day. It is important to look forward to something you like to do, instead of feeling like you are trapped inside.

If you are finding that the winter blues make it hard for you to function and those feelings continue for several days or weeks, consider reaching out to a counselor or therapist who may be able to help. For more information or support, you can also reach out to one of the Caregiver Lifeline Program social workers at CaregiverLifeline@GiftofLifeFamilyHouse.org

Facebook FUNDRAISING



“I’m raising money for Gift of Life Family House in honor of my 40th birthday and this being the 10 year anniversary of my mom becoming a hero. Every little bit helps. This cause means a lot to me, and I believe that we can make a difference together.” —Kelly

Raising funds for the Family House just got easier – you can now set up a fundraiser on your Facebook page and share it with your friends and family! Creating a fundraiser is a wonderful way to celebrate your birthday or special occasion, pay tribute to a loved one, or commemorate a personal or group achievement – like running a 5K! Join Kelly and many others by setting up your Facebook fundraising page today!



Kelly Schmitt with her daughter Lily cooking a meal in the Family House kitchen as part of the Home Cook Heroes program. Her team's name is “Darlene's Dream Team” in memory of her mother.

CONTINUE YOUR COMMITMENT TO THE FAMILY HOUSE
for Years to Come.



Have you ever considered making a provision
for Gift of Life Family House in your will?

When you make a bequest to the Family House, you will help to ensure a “home away from home” for the transplant families who will need us for years to come. And you will have the satisfaction of knowing that your deeply held values will live on through the loving care we provide. You will also help to ensure that the Family House is able to maintain their affordable fees and broad array of services for all who need support— now and in the future.

It is an easy and simple way that you can support the future of the Family House and continue care for transplant patients and families. Bequests can be a percentage of the remainder of your estate or a specific dollar amount.

Sample language for making a bequest: “I give, devise, and bequeath to Gift of Life Family House, a non-profit 501(c)(3) charitable organization located at 401 Callowhill Street, Philadelphia, Pennsylvania 19123, EIN 26-0585694, or its successor-in-interest, (insert dollar amount or percentage) for its unrestricted use and purposes.”

If you already have prepared a will, you can simply add a codicil amending it to include the Family House.

Already included the Family House in your will?
Let us know so we can celebrate with you now!

Enjoy recognition today as a Legacy Society member. Supporters who notify us that they have made arrangements for planned gifts will be recognized as members of our prestigious Legacy Society. And for members who have made bequests of \$10,000 or more will have their name and giving level added to the special Legacy Society Wall in the Family House living room.

Visit www.GiftOfLifeFamilyHouse.org for more information.

To discuss making a planned gift to Gift of Life Family House or if you have already named us in your will, please contact Sara Cohen, Development Manager at 267-546-9812 or email scohen@giftoflifefamilyhouse.org.

Please consult your attorney, tax advisor or financial advisor before making a bequest or updating your estate plan.



13TH ANNUAL
KIDNEY OPEN
GOLF OUTING
2017
SPONSORS

Thank you to all the sponsors, golfers, volunteers and attendees who helped make the 13th Annual Kidney Open Golf Outing a huge success! More than \$94,000 was raised in support of the Adopt-A-Family Program at Gift of Life Family House.

Kidney Open hosts Dan Sinnott, Family House Advisory Board Member and Howard M. Nathan, Founder and President, Gift of Life Family House.

- Golf Cart**
Main Line Health
- Dinner**
Bridge to Life Ltd.
- Double Eagle**
AmeriHealth Caritas
CSL Behring
Glenmede
LABS, Inc.
Quick Courier Service Inc.
- Apparel**
Community Tissue Services
Venture Jets
- Beverage Cart**
Lincoln Financial Group
- Lunch**
LifeNet Health
- Eagle**
Elite Landscaping
Lions Eye Bank
of Delaware Valley
SightLife
TD Bank, NA
Wohlsen Construction

- Putting Green**
CTI - Clinical Trial & Consulting
- Registration**
Quick - Specialized
Healthcare Logistics
- Course Refreshment Station**
DWD Mechanical Inc.
Gillespie Electric, Inc.
- Coffee Station**
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Baker Tilly Virchow
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Howard M. Nathan
Sinnott Executive Consulting
- Hole**
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The Arthur Jackson Company
Dr. Linda Barrasse
Beneficial Bank
Cenero
CTS Consulting Group LLC
DWD Mechanical Inc.
MWealth
Organ Recovery Systems, Inc.
PNC Bank
Waters Medical Systems, LLC
- Closest to the Pin Contest**
Kimmel, Carter, Roman, Peltz & O'Neill, P.A.
- Longest Drive Contest**
Fusionspark Media, Inc.
- Straightest Drive Contest**
WYE Realtors

To our most gracious contributors:
Thank you

for your loyal support and continued generosity in helping us care for transplant patients and families at Gift of Life Family House.

Contributions of \$50 or more received between AUGUST – SEPTEMBER 2017

Founders’ Circle
[GIFTS of \$10,000+]

AMBASSADOR
OF GENEROSITY [\$100,000+]
Gervato Family Foundation
TD Charitable Foundation*

* Additional major gift,
no level upgrade

The Legacy Society
for Planned Giving

The Estate of Marie Kucowski

2017 Family Circle
[GIFTS of \$250+] to support
the annual fund

HOPE IN GOLD [\$2,500+]

Larry and Diane Beard
Analise and Americo Santos

CARE IN SILVER [\$1,000+]

Abington Dixon School of Nursing
Class of 2017
Alfred W. Bader Foundation Inc.
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The Comcast Foundation
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The Hand Family
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Seymore Rubin
Scanelli Family Foundation
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GRACE IN BRONZE [\$500+]

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Jonathan Cottrell
Robert Finkel
Drexel Swim Team
Exelon Corporation
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Insurance Specialties Services, Inc.
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Michael Wolfgang

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Transplantation Staff
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CAN Capitol
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Jason and Meghan Chorin
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Nancy Doble
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The Gurmankin Family
Heritage Senior Living
The Lacey Gallagher Memorial
Scholarship Fund

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Clifford and Kathleen Sipes
Brent and Debbie Summers
Lauren Tomaszewski and
Christopher Johnson
Steve and Kate Tornone
Belarmino and Anna Viegas
Theresa Zangare

ITALIC = upgraded member
BOLD = renewed member

Family House
Supporters
[GIFTS of \$50+] without tributes

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Anonymous
Laura and Norm Baron
Debjani and Satya Bhounik
William Brandt
Joseph and Sandra Brown
Jim and Lois Bullard
Donald and Sarah Carter
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Joann and Joseph Mozelewski
David and Jeanne Roadcap
Donna Schneider
Rebecca Suppi
Rolando and Evangeline Uy
Robert Witty
Kathy Yandle and Rick Miller

In Honor of
[GIFTS OF \$50+]

Mahendra Desai
Rajesh Desai

Stacey Doyle

Barbara W. and Barry W.
VanRensler, Esq.

Sidney Geller

Ellen and Bernie Gottlieb

Matteo Giampoala

Dorothy Hanley and
Jean DeCicco
Loretta Zahn

Gift of Life Family House Team
Robert and Mary Gilpin

Amy J. Goldberg, M.D.
Mary and Bob McNamara

Linda Grunberg

Linda Halpern
Mindi Murray

Patricia Mahlon

Helene Breen

Christine Marvel

Debra and Carl Fritz

Tom McDonough

Lindsay Moxley

In Memory of
[GIFTS OF \$50+]

Frederick Amendola
Keith Gonyo

Kevin Arrell

Hedy Arrell
Ryan and Natalie Carrozza
Jason and Meghan Chorin
Kevin and Erin Curry
Marie and Philip Di Giulio
James Elmore
Dr. Jennifer McDonald
Mr. and Mrs. Joseph Metzger
Brad and Shannon Newhard
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Management

Paul Brucker

Dr. Paul Brucker

Eric Chinofsky
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Analise and
Americo Santos

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The Kirchenheiter Family

James Gervato

The Gervato Family
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HUP Lung Transplant
Support Group

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Ray Simeon

Robert and Bonnie Yale

Eric Smith

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James and Kathleen Greger
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Services, Inc.

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New Britain Inn
Alison Siegfried

Carol Snyder

Carole and James Hamilton
Leslie Kramer

Robert Staley

The Hand Family

William Tashjian

Patricia and Gary Tashjian

Isabella Walsh

Robert G. Walsh, Sr.

The Legacy Garden
Paver Program

Thank you to those who dedicated
an engraved paver

Alfred W. Bader Foundation
Gift of Life Donor Program
Tasha Lanier

The Patients & Caregivers HUP
Lung Transplant Support Group

We apologize for any errors or omissions
and ask that you contact Samantha Oliphant
at soliphant@giftoflifefamilyhouse.org
to report any corrections.

Thank you
to our volunteers in the community
for coordinating fundraising events,
wish list drives and online fundraisers
to support the mission of Gift of Life
Family House.

Fundraising Events

“Dine & Donate 2017” coordinated by the Smith Family
in memory of Eric Smith

“Magical Monday” fundraising event coordinated by the Leong Family
in memory of Gavin Leong

Wish List Drives coordinated by:

Bruce Trano & Sons Plumbing
& Heating LLC

Nick Devlin

Dr. and Mrs. Gerard Fulda

The Leake Family/Murphy's Warriors

Lincoln Financial Group
Ryan's Shamrocks

St. Luke's University Health

Network - Bethlehem

& Monroe Campuses

Online Fundraisers

Giving back on Mason's 11th Heart Anniversary! CrowdRise fundraiser
coordinated by Mason Clark

I'm Donating My Birthday to Gift of Life Family House Facebook fundraiser
coordinated by Trish Gerstley Collings

To make a contribution to Gift of Life Family House,
please visit www.GiftOfLifeFamilyHouse.org or use the enclosed envelope.

The official registration and financial information of Transplant House d/b/a Gift of Life Family House may be obtained from PA Dept. of State by calling toll free 1.800.732.0999. Registration does not imply endorsement.

United Way #48974 | Combined Federal Campaign (CFC) #28458